



Culture Change Network of Georgia

I long, as does every human being, to be at home wherever I find myself.....Maya Angelou

Person-Centered Dementia Care — October 24, 2008

Person-Centered Dementia Care Conference

October 24, 2008

8:00 am to 5:00 pm

Aging Services of Georgia Office

Broyles Center at North Ave. Presbyterian Church
Midtown Atlanta

Karen Love, Managing Director, CEAL

Richard Taylor, PhD

Kim McRae, Culture Change Consultant for Aging Services of Georgia

6.5 CEU Hours

Person-centered dementia care is the key to preserving humanity for people living with dementia in all settings where aging services are delivered. Recognizing the hallmarks of quality dementia care, recognizing that there is "A PERSON IN THERE," and learning the culture change philosophy of person-centered care will change the way that you and your organization approach quality dementia care as you work toward creating and improving your comprehensive dementia care program. This conference is for everyone who knows, interacts with, works with, or provides services to people with dementia.



Sponsored by

Alzheimer's Association — Georgia Chapter

Presbyterian Homes of Georgia

Emory University Alzheimer's Disease Research Center

Wesley Woods Senior Living

Fuqua Center for Late Life Depression/Emory University

The Culture Change Network of Georgia is a group of dedicated supporters and stakeholders working as partners to promote and foster culture change to improve the quality of life for older Georgians in all settings where aging services are delivered.

<http://www.culturechangegea.org>

Program-at-a-Glance

8:00 Registration/Continental Breakfast

8:45 Welcome & Introductions – Walter Coffey and Kim McRae

9:00 – 10:00 Overview & Hallmarks of Quality Dementia Care – Karen Love

For far too many, specialized dementia care means a lock on the door that separates the people living with dementia from the real world in order to “protect them.” Quality dementia care, in all settings where aging services are delivered, involves so much more! Learn the hallmarks that make up *quality care* for our friends living with dementia.

10:00 – 10:45 A Voice of Alzheimer’s Disease and Dementia – Richard Taylor

Richard Taylor has lived for seven years with a diagnosis of dementia, probably of the Alzheimer’s type. Listen as he shares an eloquent story rarely told: his first-hand experience of Alzheimer’s from a person who is living it.

10:45 – 11:00 Break

11:00 – 11:30 A Conversation with Our Friends from the Netherlands

A Conversation “In The Round” – Moderated by Eric Lucas and Kim McRae

What Does Quality Dementia Care Look Like In The Netherlands?

Our friends from the Netherlands have been participating in an exchange program here in Georgia, working with and living in our long-term care organizations. Learn about quality dementia care in the Netherlands and hear their observations.

11:30 – 12:00 Voices of Early-Stage Alzheimer’s Disease and Dementia

A Panel Discussion with People Living with Alzheimer’s and Dementia -
Moderated by Ginny Helms

“People in the early stage of dementia seek to partner with others to express themselves and to remain the people they have always been, despite their condition. Going forward, there is a shared responsibility - - for people with or without the disease - - to preserve humanity and work toward a world that welcomes the contributions of people living with Alzheimer’s disease and dementia.”

(*Voices of Alzheimer’s Disease* – report released at Dementia Care Conference ‘08)

12:00 – 12:15 Directions for Learning Circles/Action Planning Groups

During lunch, we will break out into groups based on your SETTING (nursing homes, assisted living, adult day services, hospice, home and community based services, retirement housing, professionals in the field, etc...) to network with each other and start conversations about what person-centered dementia care looks like “in your world” and in your environment. After the afternoon session, you will return to this group to continue conversations and work together on your action plans and “To Do List” for How To Set Up a Comprehensive Dementia Care Program in Your Environment. Note that there should be no worries about “competition!” There is such a tremendous need!

The aging services community must work together to raise the bar on person-centered dementia care in EVERY LOCATION OF EVERY ORGANIZATION.

6.5 CEU Hours

12:15 – 1:15 Networking Lunch

1:15 – 3:15 How to Set Up (or Improve) a Comprehensive Dementia Care Program Utilizing the Culture Change Philosophy of Person-Centered Care – Karen Love

Karen Love will teach us the details of how to get started and what to do. Learn about her nationally-recognized program to enhance physical function and psychosocial well-being for elders and individuals with disabilities known as therapeutic engagement. Explore how person-centered dementia care can be translated and integrated into every setting to improve the lives of people living with dementia, the families and staff.

3:15 – 3:30 Break and Return to Learning Circles/Action Planning Groups

3:30 – 4:00 A Look at Early Stage Programs From Across the Nation — Suzette Binford

Suzette Binford, Director of Early Stage Programs for the Alzheimer’s Association will tell about innovative programs across the nation for persons with early stage dementia. She will also provide resources for organizations serving persons with early stage Alzheimer’s.

4:00 – 4:45 Learning Circles/Action Planning Groups – WITH FACILITATORS

Continue conversations and work together on your action plans and “To Do List” for How To Set Up a Comprehensive Dementia Care Program in Your Environment.

4:45 – 5:00 Closing Session ~ Summary of the Day & Next Steps – Kim McRae

5:00 ADJOURN

“In the eyes of many others, sometimes even the eyes of caregivers, I am seen as less than a complete someone. Just because my memory is failing me, just because a region of my brain is failing, just because I don’t always think like you do, nor do I remember as much or how you do, please, please know that in my own eyes, and I hope your eyes, I am still a whole and complete someone. I am still me. I am still grandpa, and dad, a friend, and whole and a complete human being. I am in my mind still and have always been a complete person. I am not becoming any less a person simply because I cannot remember like you, talk you do, or think like you do. I know many of you want me to be who I was yesterday, or last year, or the last time they saw me, but I cannot be, nor do I any longer want to be. I have ceased looking back over my shoulder at who I was, and now spend most of my time working on who I am , one day at a time.”

... **Richard Taylor**

Presenters

Karen Love is a former speech pathologist and long-term care administrator with more than 25 years experience working in aging services – the last 15 years working directly with individuals living with dementia and those who care for them. Ms. Love has created a nationally-recognized program to enhance physical function and psychosocial well-being for elders and individuals with disabilities known as therapeutic engagement. Through her company, Pathways to Care, Ms. Love works as a consultant and educator in long-term and dementia care. Ms. Love has a Certificate in Gerontology from the Washington, DC Geriatric Education Center Consortium, George Washington University; graduate studies in Speech Therapy at George Washington University; and a B.S. in Communication Disorders from Radford University.



She is currently the **President of Pathways to Care**, an aging services consulting company helping organizations implement strategies to enhance elder care and staff skills and satisfaction. She is the **Managing Director for the national Center for Excellence in Assisted Living (CEAL)**, a national organization comprised of diverse assisted living stakeholder organizations including the Alzheimer's Association, AARP, the National Center for Assisted Living, and the Pioneer Network among others. Ms. Love is the **Founder of the Consumer Consortium on Assisted Living**, a national advocacy and education organization for consumers of assisted living.



Richard Taylor, Ph.D. has lived for seven years with a diagnosis of dementia, probably of the Alzheimer's type. A former psychologist, he is now a champion for individuals with early-stage and early-onset Alzheimer's disease. He is also a tireless advocate for the rights and appropriate treatment of people living with a diagnosis of one of the diseases of dementia. He speaks of his experiences and the experiences of others living with dementia. He speaks to physicians, health care providers, professional caregivers, nurses, social workers, counselors and family caregivers ~ asking them to take the time to first *understand the people living with the diseases of dementia and their caregivers before they care about treating the disease*

Individuals coping with various forms of dementia are seldom asked how they want to be treated. They are told what not to do far more times than they are asked, "Can I help you do more?" Their brains, abilities, and potential are consistently under rated and under utilized by society, caregivers and the professionals who profess to help and support them.

He shares an eloquent story rarely told: a first-hand experience of Alzheimer's from a person who is living it. More than five thousand people have heard him speak. His book, ***Alzheimer's from the Inside Out***, is a "must read" for anyone in the field of aging services and dementia care. Dr. Taylor has a B.A. in English and History from Illinois State University; a M.A. in Communication Theory and Research from Wayne State University; a Ph.D. in Psychology from Columbia University; and completed his Post-Doctorate Fellowship at Indiana University.

Kim McRae comes to Culture Change through a 10 year history as a family caregiver and a consumer of aging services. Experiencing first-hand the system as it is, and wanting better for her mother, Barbara, who has Alzheimer's disease and Lewy Body dementia, Kim has been studying dementia care and long-term care in depth for seven years. Together with a B.A. in Journalism/Advertising from the School of Journalism and Mass Communication at The University of NC at Chapel Hill; a background in consumer marketing, PR and advertising; and a deep desire to help others, Kim has become a Culture Change Advocate. She is serving on the Marketing and Communications Committee and the National Coalitions Committee of The Pioneer Network, and working as a Culture Change Consultant for Aging Services of Georgia.



Hotel

Sheraton Atlanta Hotel

165 Courtland Street; Atlanta, GA 30303

\$129/night group rate

Block of rooms held for the Culture Change Network of Georgia

Group Rate cut-off date: October 15

Call 1-800-325-3535 to make reservations (One night deposit required)

Directions and Parking

From the South

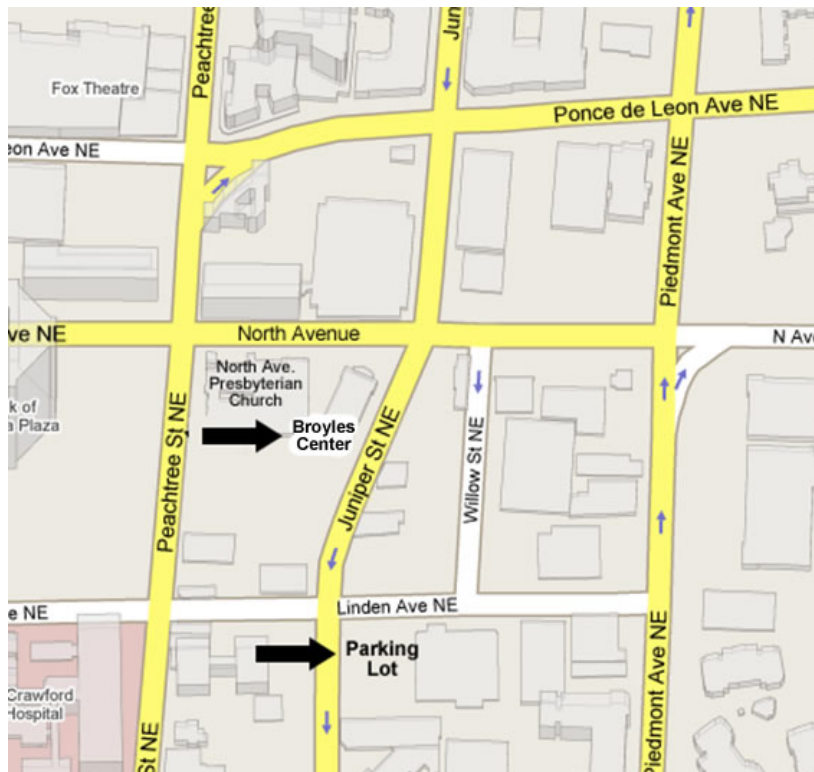
Exit I-75/I-85 in-town connector at the Crawford Long Hospital exit – come up the hill to Peachtree Street and turn left onto Peachtree. Get in the right lane and turn right off Peachtree onto North Avenue (you will be going around the church to the back side). Come one block and turn right onto Courtland Avenue and take an immediate right into the parking lot underneath the church.

From the North

Exit I-75/I-85 in-town connector at North Avenue (GA Tech exit) and turn left proceeding on North Avenue. Pass the Varsity and North Avenue MARTA station on your left. You will pass the Bank of America building on your right. Get into the right lane and cross over Peachtree Street (you will see the front of the church on the right corner of Peachtree and North Avenue). Turn right at the next intersection onto Courtland Avenue and take an immediate right into the parking lot underneath the church.

The Aging Services of Georgia office is located in the Ministry Center at North Avenue Presbyterian Church, 607 Peachtree Street (the corner of Peachtree Street and North Avenue). The office is located in the back lower level of the building (on the Courtland Avenue side).

Parking: You will need to park in the pay lot (\$2.25) located across the street from the Aging Services of Georgia office at the corner of Courtland (Juniper) and Linden. See map below.



REGISTRATION FORM

Person-Centered Dementia Care Conference
October 24, 2008
Broyles Center at North Ave. Presbyterian Church

Name _____ Title _____

Organization _____

Address _____

City _____ State _____ Zip _____

E-mail _____ Phone _____

In order for us to plan the Learning Circles/Action Planning Groups, please indicate below the one "area" with which you most identify:

- Nursing Care
- Assisted Living
- Adult Day Services
- Home and Community Based Services
(Home Care, Home Health, Community Agencies)
- Retirement Housing / Affordable Housing
- Hospice
- Family Caregiver
- Elder
- Other _____

6.5 CEU Hours

Registration Fees

include Continental Breakfast, Lunch, Snacks and Materials

Registration Fee: \$80

If you need CEU's for LNHA or SW: \$100

- Check Here if you would like vegetarian meals

REGISTRATION PROCEDURE

First, fax this completed form to 404-872-1737 to secure your space.

Then, mail this form with your check (made out to *Georgia Institute on Aging*) to:
Aging Services of Georgia; 607 Peachtree Street, NE; Atlanta, GA 30308

No on-site registration

For Questions, contact Barry Lastinger at blastinger@agingservicesga.org or 404-872-9191 ext. 14

Since moderate room temperatures are difficult to regulate to everyone's satisfaction, layered clothing is suggested.