

## Changing The Culture of LTC Symposium Sept. 10, 2010 Valdosta, GA

Initials	Before	After	Grade	Comments if Available
AMG	6	8	B	AHA: Behavior is not a problem, but a sx.
DCH	4	8	A+	AHA: Having a remembrance when people die is LTC (Nursing home, assisted living or hospital) rather than sneaking them out the back elevators and stairs. Honor the sanctity of life, the sacredness of death.
VNW	7	10	A+	GREAT TRAINING! AHA:
	8	10	B	Weak 1st speaker.
RW	5	8		AHA: Getting residents out of wheel chairs and sitting them on regular couches or furniture
JB	1	1	B	A little long. AHA: D/R changed to be like home at our facility.
BD	6	9	A+	AHA: That corporate America (Nursing home owners/assisted living owners) are apparently embracing LTC culture change.
SB	2	10	A+	Long symposium, but well worth it. AHA: In GA, older population will grow by >140% between 200 and 2030!
JP	6	6		AHA: Shocked at how many Culture events we are already providing!
DC	6	9	A+	AHA: Angel List, individual birthdays, memorial
BJD	9	10	A++	KUDOS!! Perhaps future speakers can remember that many professionals in the field aren't in an organization or facility? AHA: When Karen Nichols discussed the 6 needs we all have and how they were incorporated into the "cottages" I think this is why it worked!
KW	2	9	A-	AHA: Changing medication times so residents can sleep later.
BJJ	0	8		AHA: What would you like to change in a nursing home if you were in it.
JA	6	9	B+	AHA: How deep we can build roots in new communities that are sustainable, But at the same time dignifying people's lives and human quality.
SC	1	10	A+	AHA: Behavior is the problem, a patient could be trying to tell you something.
MC	3	8	A	AHA: Allowing staff and resident time to meet with deceased residents family member to allow them to say good-bye as well as to comfort the family member. To acknowledge death and provide dignity in it.
CH	5	9	A	GREAT JOB. AHA: Having a memorial service for each death instead of shipping the body out of the back door as a form of dignity to allow the other residents and staff to share memories with the family
JT	7	8	A-	AHA: "If you are totally honest, as good as your facility is, would you want to live there."
MS	3	7	A	AHA: (1) Permissible to let residents cook - kitchen "RULES" are not too rigid to prohibit that (2) Even Bigger "AHA" By 230 3.9 million people will be over age 55 - 30 % of population

LRJ	3	8	A/100
	3	8	A
DHB	2	7	A AHA: The picture of the line along the hall in a traditional Long Term care facility vs. people involved & having companionship in a cultural change facility.
CH	2	10	A Wonderful news! AHA: This is the answer to the elders' silent prayers after all these years. I'm so glad/happy.
LBR	2	7	A AHA: "Caregiver!" "Consumer" The idea that Reggie the Dinosaur can become extinct. Rules and Regs can be overcome when common sense should prevail.
SR	3	8	100 AHA: Taking time to care for the living as well as the dying. That people don't just go away
JD	5	8	
WG	1	7	A+ GREAT!!! AHA: If you are total honest you would not want live in my own facility!
GG	3	10	100 AHA: Was when the 1st speaker mentioned the idea about prayer service for the deceased that includes all staff (dietary, environmental, and nursing, etc....). This was an excellent idea that I think the facility I work at should adopt.
SDC	4	8	A+ Definitely can tell that all presenters are passionate regarding long term care. It is people like you who make a difference in so many lives! Not just the elderly population but to their families! AHA: Thinking of yourself as a consumer or aging client "Elder growing in each one of us". CAN training for all staff makes their job feel more important.
KB	4	8	B+ Appreciated the working lunch - nice to see people not wasting time
ACG	7	9	B AHA: Develop a women movement in LTC to bring about change for resident and facility/families.
CR	6	8	B
DG	4	8	200% One the the greatest classes I have attended! AHA: Culture change is no more "expensive" than traditional models.
VF	4	10	100% Great Presentation! AHA: Knowing and learning that there is a better way of providing care for the elderly who are in long term care facilities.
VB	1	9	A+ The Speakers were great.
MKM	7	9	A+ Rose Fagan was a great speaker. Did you see the resident tied to the wheel chair? Looks like a posey vest. AHA: The power of creating small communities, to foster warm giving relationships, inside the much larger community. And the unbelievable healing power that these smaller groups creates.
SM	4	6	AHA: The concept of scheduling medications at different intervals or timeframes.
JM	7	8	
CN	1	6	A+ AHA: Give back what we have taken away. You can't just talk the talk you have to walk the walk

JP	5	7	B+	AHA: You must change process or will continue getting same results. How to involve families - get them to attend sessions to discuss changes.
CMG	7	8	A	AHA: You don't need any departments other than nursing (Cert. Nursing Assist., but everyone needs to be trained to be Cert. Nursing Assist.
MB	3	7	A++	AHA: There are ways to have choices such as when to get up, go to bed, receive meds, and take bath: want to do this as a resident - not on a rigid schedule
RCG	4	7		
MSM	7	9	A	AHA: Change can be driven by residents in an informal way..... Spaghetti sauce conversation leads to opportunity for residents to participate with each other and the facility staff in a new way
TI	3	9	A	AHA: Certified Nursing Assist. --"companions" "Angel List" --- sanctity of life sacredness of death
WT	2	8	90	Karen's presentation was one of the best training/sessions/workshops I've heard in a long time!! AHA: Experiences of NH residents similar to experiences of homeless individuals.
MLK	5	7		Great --- interesting reminding of things known AHA: Reminding me that my voice can make a difference. Sometimes after 30 yrs. in the business: of trying to make people's lives better, you lose the power you have if only I pursue what I believe
DLRL	4	8	B	Thanks 4 the opportunity !!
WB	6	9		
LH				AHA: Culture change is a positive move in LTC for residents as well as staff.
BLM				AHA: When I realize when Karen Nichols was talking that these people that "slumped", "sexual pervs" and "bored" were actually just crying out for help. They were not a problem but they had a problem that was being ignored. Their basic rights to life. Liberty and pursuit of happiness was not being upheld or presented as mine were now!
SS				AHA: Most things that are needed for a culture change take little to no money
DS				AHA: Am I willing to make efforts to change or remain in the BMW circle?
GR				AHA: You can recognize someone's life at the time of their death to allow caregivers and family to mourn together.
JB				AHA: Change meal times to breakfast/before lunch/before supper/before supper/before bed ----- More flexible less hassle for resident and staff
LS				AHA: Changing how meds are given during course of 24 hr period.
WC				AHA: Slumping -- Reverting to fetal position to protect what is left of self- respect and dignity
JO				AHA: Was when Karen was explaining why we see people slumped in their chairs.
MS				AHA: Loved the story about the man getting attention by unrelating in the plants. We should always stop and ask why something is happening.

DF AHA: CMS Reg's of having no hair on the face for women  
EB AHA: Karen Nichols - being treated, and acting differently in different setting.  
TS AHA: That dignity after death is overlooked or ignored in most health care facilities  
That GA has a Culture Change coalition!!!! Yeah!!  
SS AHA: Cottages for senior living where resident participate daily in activities  
BH AHA: To see how many people are here and interested in culture change. Its going to be expecting  
FG AHA: 1. Did some good networking. The possiblility of working with another agency to promote culture  
change in South GA. 2. Ideas for me to promote culture change in my job as an Ombudsman  
LJ Being able to create a regular fitness area to exercise and dance instead of a plain physical therapy room  
JL AHA: Cottage life-style for the elderly in South Carolina  
MG The faces on the the people in the nursing home shown by Karen Nichols -- People actually living and  
alive in long term care.  
CG You don't need departments other than nursing/certified nursing assistants, but everyone needs  
to be trained to be certified nursing assistants.  
VW AHA: "Skilled care done in small cottages." Great concept. Home Environment

